Joan's Story:60

SFX: HEARTBEAT SCORE WITH MUSIC UNDER

JOAN: My doctor said I was having a heart attack...I thought "no way." I thought

heart attacks were for old men.

FEMALE

Heart disease is the #1 killer of women. It can lead to heart attack, disability,

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and death. But what's really scary is how few women are concerned about it.

JOAN: Until the moment I had a heart attack, I was feeling great.

FEMALE The Heart Truth is, anyone can have heart disease. Even you.

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JOAN:

I am absolutely positive that smoking is what did it.

FEMALE Talk to your doctor, find out your risk, and take action today to lower it.

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JOAN: On the positive side, I stopped smoking. I exercise more than I ever did. I eat

healthy...l eat more vegetables...fruit...salads. I tell my friends that a heart

attack really hurts. It can kill you.

FEMALE Learn The Heart Truth. Call 1-800-575-WELL. That's 1-800-575-W.E.L.L. ANNOUNCER:

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